

SLENDER WONDER

Slender Wonder is a medical weight loss programme. Only Slender Wonder accredited doctors, trained by the company, are allowed to prescribe the programme and distribute products.

At Slender Wonder the cause of obesity and not just the symptoms are treated. The programme is not based on kilojoules but on a low GI eating plan combined with Slender Wonder products. The aim of the programme is to normalise the body's Leptin levels and to cultivate a healthy lifestyle.

Patients on the programme have lost on average 2 kg per week. Some patients have lost up to 15 kg in the first month.

Once your goal weight is reached, you can maintain your new weight by continuing with healthy eating habits.

<https://drkarl.co.za/treatments/>

